

How Consumers Can Reduce Climate Change No Matter What Washington Does

Boston, Mass.—This week, the National Oceanic and Atmospheric Administration announced that 2016 was the second-hottest in the U.S. Couple that scary announcement with congressional hearings on Trump cabinet nominees for the EPA and energy secretary who are climate change deniers and it is easy to see why people who care about the environment may be feeling frustrated, depressed and hopeless right now. Ellen Moyer, Ph.D., a 30-year career environmental consultant, wants consumers to take heart; she wants them to understand that the choices they make can have a tremendous impact on the world around them. “We vote with our wallets every time we buy something,” she says, pointing out that consumer spending accounts for two-thirds of the U.S. economy.

Moyer is the author of the just-released book *Our Earth, Our Species, Our Selves: How to Thrive While Creating a Sustainable World*, a comprehensive book that took her four years to write.

In an interview Moyer can explain:

- How to reduce the impact your family makes on climate change with the foods you buy and the way you heat and cool your home and you use everyday appliances.
- What you can do to keep forests and wildlife healthier, starting in your backyard and mailbox.
- Surprising ways a clutter-free home, workplace and automobile can impact the larger world.
- Why she believes we already have the capacities and tools to create a health and environmental revolution.

Credentials: For 30 years, environmental consultant Ellen Moyer, Ph.D., has dedicated herself to cleaning up contaminated soil and water and promoting green and sustainable practices to prevent new problems. She earned her doctorate in civil engineering and her master’s degree in environmental engineering. She is a registered professional engineer, U.S. Green Building Council Leadership in Energy and Environmental Design Accredited Professional, and regular contributor to *The Huffington Post*. She has co-presented more than 100 seminars in North America and Europe. Her latest book, *Our Earth, Our Species, Our Selves: How to Thrive While Creating a Sustainable World* <http://ellenmoyerphd.com/books/> became available January 10 and the next day became Amazon’s #1 Hot New Release in Nature Conservation, Green Business, and Environmentalism.

Availability: Massachusetts, nationwide by arrangement and via telephone

Contact: Ellen Moyer, (413) 862-3452; ellenmoyer@em-green.com, www.ellenmoyerphd.com